



DEPARTMENT OF THE ARMY  
HEADQUARTERS, UNITED STATES ARMY RESERVE COMMAND  
1401 DESHLER STREET SW  
FORT MCPHERSON, GA 30330-2000

REPLY TO  
ATTENTION OF:


AFRC-TRI (350)

24 FEB 2003

MEMORANDUM FOR Commanders, USARC Major Subordinate Commands and Installations

SUBJECT: Policy Letter – Frequency of the Record Army Physical Fitness Test (APFT) for the United States Army Reserve (USAR)

1. Reference AR 350-41, Training In Units, 19 Mar 93.
2. This policy letter changes the frequency of the record APFT for USARC troop program unit (TPU) soldiers from an annual to a semiannual requirement, in accordance with Army Regulation 350-41.
3. Effective 1 Feb 03 all USARC TPU soldiers will take the APFT at least twice each year with a minimum of four months separating record test. Soldiers who fail a record APFT for the first time or fail to take the APFT within the required period will be flagged according to AR 600-8-2. USARC TPU soldiers that fail a record APFT will be retested not later than six months following APFT failure.
4. For additional information contact MSG Harold P. Estabrooks, (404)-464-8291.

  
JAMES R. HELMLY  
Lieutenant General, USA  
Commanding

CF:

Major General Charles E. Wilson, Deputy Commanding General, US Army Reserve Command  
Major General Herbert L. Altshuler, Commander, US Army Civil Affairs and Psychological  
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Brigadier General Robert G.F. Lee, Commander, 9th Regional Support Command

Brigadier General Paul D. Patrick, Commander, 7th Army Reserve Command

Colonel Elton C. Bruce, Commander, US Army Reserve Personnel Command